NNSXXXXXXX

STENNIS SPACE CENTER PROTECTIVE SERVICES CONTRACT

PHYSICAL FITNESS REQUIREMENTS

Attachment J-09

ATTACHMENT J-09 - PHYSICAL FITNESS REQUIREMENTS

1.0 **General**

1.1 The contractor shall adequately train their security personnel to meet the rigors of the Security services contract.

1.2 SSC requires as a minimum standard the annual Physical Agility Test (PAT) outlined below. The standard applies to Security Officers, Investigators, and all other contractor employees authorized to be armed.

1. From a seated position exit vehicle, open trunk, and grab baton-flashlight.
2. Complete a 100 yard run.
3. Navigate an obstacle course, total length 115 feet:
   a. 40 inch wall
   b. Three hurdles (24 in, 12 in, 18 in high)
   c. Serpentine pylon maneuver, low crawl
4. Drag 150 lb dummy 50 feet.
5. Repeat obstacle course (Item 1.2.3).
6. Repeat 100 yard run (Item 1.2.2).
7. Return baton-flashlight to trunk and enter vehicle.
8. Time stops when employee is seated with both hands on the steering wheel, and key is back in ignition.

1.3 Administer the PAT semi-annually. Require all Security Officers, Investigators and other contractor personnel authorized to be armed to complete the PAT within the maximum allowable time of 7 minutes. Personnel who fail to meet this standard will be retested within 60 calendar days. Refusal to test or failing to pass will be considered a basis for removal from the contract.

1.4 Additionally, the Contractor shall carefully screen non-incumbent officers (personnel not previously employed on a NASA Security Contract) and administer a physical agility test that includes a one mile run in less than 10 minutes.